



Job Description

Job Title: Physical Education Teacher & Strength and Conditioning Coach

Reporting to:

Head of Department, Physical Education

Experience:

Minimum of 3 years of teaching experience in Physical Education, preferably with knowledge of the IBDP and IGCSE PE curricula.

Educational Qualification:

- Bachelor's degree in Physical Education
- PGDIE/CIDTL
- AASKA or CSCS certification, or any other recognized strength and conditioning qualification is preferred; willingness to be trained will also be considered.

Overview:

This job description outlines the professional responsibilities and expectations of the Physical Education (PE) Teacher role. It should be read alongside individual contracts and reviewed annually. The description is not exhaustive and may be subject to change after consultation.

The role aims to promote physical fitness, healthy lifestyles, teamwork, and personal growth while supporting students' holistic development. The PE Teacher will collaborate with grade-level teams, and other specialist teachers to provide a dynamic, inclusive, and engaging physical education programme across the school.

Finally, the member of staff will carry out any other duty which is within the scope, spirit and purpose of the school as requested by the Principal.

Key duties and responsibilities

Teaching & Learning

- Plan and deliver high-quality, engaging lessons in line with Cambridge, IGCSE, and IBDP curriculum specifications.
- Use a variety of teaching methods and resources to inspire students, support different learning needs, and encourage curiosity and enjoyment of the subject.
- Assess, record, and report on student progress according to school policies, providing constructive feedback.
- Prepare lesson plans and ensure effective differentiation in teaching strategies.
- Incorporate strength and conditioning principles to enhance student fitness and performance, both in lessons and structured training sessions.
- Participate in peer lesson observations and contribute to sharing best practices.



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- Stay updated with subject knowledge, research new topic areas, and engage in professional development.

Department & Co-Curricular

- Collaborate with colleagues to develop teaching practices, schemes of work, and assessment materials.
- Organize and lead sports events, inter-house/inter-school competitions, and after-school practice sessions.
- Utilize strength and conditioning expertise in the school gym to design and deliver safe, progressive training programmes.
- Accompany students on trips and support co-curricular and enrichment activities, including swimming lessons if qualified.

Pastoral & Supervision

- Support student wellbeing, including serving as a form tutor if required.
- Maintain discipline and ensure a safe, positive learning environment.
- Contribute to boarding supervision duties where applicable.

Professional Duties

- Communicate effectively with parents, providing adequate notice for trips and events.
- Attend staff meetings, parent-teacher conferences, and key school functions.
- Support whole-school events such as Graduation Day and Open Day.
- Cover for colleagues and assist with examination invigilation as required.

Professional Conduct

The teacher actively promotes and upholds the TISB Vision and Mission, consistently demonstrating professionalism and integrity. As a positive role model and subject-area expert, the teacher builds strong relationships with students, parents, and the wider school community, contributing meaningfully to the collaborative and inclusive culture of the school.